

THE NATHAN RIDE FOR HOPE

POKER RUN

Helping support the fight to find a cure for Duchenne Muscular Dystrophy

1st Annual Ride for Duchenne Muscular Dystrophy

Canadian Army Veterans Motorcycle Unit (CAV MU)
Charity Ride to raise money and awareness
for Duchenne Muscular Dystrophy



When: Saturday 18th Sept. 2010

Time: Registration 08:30 - 10:30
(Fundraiser Breakfast Available \$7.00)

Start: Royal Canadian Legion,
3500 Fallowfield rd. Nepean, Ont.

During: Luncheon at Bar LaBlanche

Finish: Armoury Major E.J.G. Holland VC,
2100 Walkley rd. Ottawa, Ont

Music: River City Junction

Type: Poker run (Motorcycles or Cars)
Cost: \$20.00 and \$15.00 for passenger.
Includes Your Dinner

The ride will begin with an optional breakfast at 8:30 am and will finish at approx 5:00 pm with a spaghetti dinner along with Prizes, Raffles and 50/50 draws. Come join the CAV on a ride through the Gatineau Hills and the Nation's Capital Region

Grand Prize is a Weekend Get Away with VIA Rail!

All proceeds will be donated to Muscular Dystrophy Canada to help find a cure for DMD.

For More Information Contact: cav@nathanrideforhope.org

Let's make a difference by Making Muscles Move!

